

## KENNETH C. HAUGK, Ph.D.

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Kenneth C. Haugk is a psychologist, author, pastor, and teacher. He holds a Ph.D. in clinical psychology from Washington University and an M.Div. from Concordia Seminary, both in St. Louis, Missouri.

In addition to practicing as a clinical psychologist, Dr. Haugk has taught courses in psychology at the University of Tennessee and at Washington University. He has also taught community mental health, pastoral care and counseling, and leadership at several seminaries. He is a member of the American Psychological Association and has served as the National Research Chairperson for the American Association of Pastoral Counselors.

Dr. Haugk is the founder and Executive Director of Stephen Ministries, which is best known for the Stephen Series system of lay caregiving. The Stephen Series is used in more than 12,000 congregations and other organizations across the U.S., Canada, and 29 other countries. Over 70,000 people have been equipped at training conferences to lead Stephen Ministry in their churches and other organizations, and they in turn have trained over 600,000 laypeople to provide high-quality, one-to-one care for those who are going through difficult times in life.

Dr. Haugk is the author of 12 books, including *Don't Sing Songs to a Heavy Heart: How to Relate to Those Who Are Suffering*, *Speaking the Truth in Love*, and *When and How to Use Mental Health Resources*. He has also created several training courses and is a frequent conference and workshop speaker. Dr. Haugk has published widely in psychological and theological journals, as well as in popular periodicals.

When Ken's wife, Joan—a registered nurse, clinical social worker, and mother—was diagnosed with ovarian cancer, they began a three-and-a-half-year battle against the disease. Together, they navigated the medical, emotional, relational, and spiritual challenges that they encountered while dealing with her cancer.

Ken brought together his personal and professional experience, as well as his background as a researcher, in writing *Cancer—Now What?* He led a 16-person research team in working with more than 3,500 cancer survivors, their loved ones, and medical professionals, incorporating their wisdom and expertise into the book to create a resource people can give to others to help them address the challenges of cancer.

Ken lives in St. Louis, where he enjoys playing basketball and tennis, traveling, and spending time with his two daughters, son-in-law, and two grandchildren.