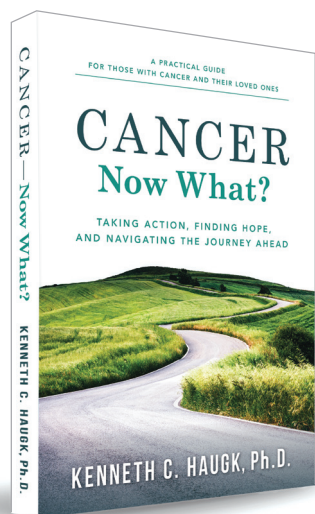


## MEDIA FACT SHEET

# CANCER—Now What?

TAKING ACTION, FINDING HOPE,  
AND NAVIGATING THE JOURNEY AHEAD



All too often, we hear that someone we know has been diagnosed with cancer or has a loved one with cancer. Maybe it's a friend, relative, or neighbor—or a colleague, congregation member, patient, or client.

During such difficult times, we want to reach out with care and assistance, to offer help and hope. But how?

A simple, powerful way is to give the person a copy of *Cancer—Now What?*

New from Stephen Ministries, *Cancer—Now What?* is a book to give to those with cancer and their loved ones—a way to offer support and empowerment for handling the medical, emotional, relational, and spiritual challenges they may encounter.

## Background

In writing this book, Dr. Kenneth Haugk, a clinical psychologist and pastor, drew on everything he learned as he walked alongside his wife, Joan, during her battle with cancer. He built on that foundation by leading a 16-person research team that gathered firsthand knowledge and real-life experiences from more than 3,500 people—including cancer survivors, loved ones of those diagnosed with cancer, oncologists, and other medical professionals—integrating their wisdom, experience, and expertise into the book.

## Target Audience

The book is for anyone dealing with cancer—including those diagnosed with cancer and their loved ones. Readers can use this comprehensive, practical resource in whatever way works best for them, reading it from beginning to end or going straight to the chapters that are most relevant to them at any given time.

**Title:** *Cancer—Now What?*

*Taking Action, Finding Hope, and Navigating the Journey Ahead*

**Author:** Kenneth C. Haugk, Ph.D.

**Publisher:** Stephen Ministries

**Publication Date:** January 3, 2017

**Content:** 12 parts, 74 chapters

**Pages:** 345

**Binding:** Paperback

**Price:** \$18.95

**Trim:** 7" x 10"

## Those Who Give the Book

*Cancer—Now What?* is a resource that people give to those they know who are affected by cancer. People who give copies of the book include friends, relatives, physicians, nurses, mental health professionals, pastors, businesspeople, and others from all walks of life. It's a caring, meaningful way for anyone to support, equip, and encourage those with cancer and their loved ones.

A *Giver's Guide* is also available, which offers practical suggestions and ideas for giving the book *Cancer—Now What?* to those dealing with cancer.

## Content

*Cancer—Now What?* covers a wide range of topics relevant to those with cancer and their loved ones. The book has 345 pages, consists of 74 concise chapters organized into 12 parts, and is written in a warm, conversational style, making it a comprehensive, user-friendly resource. The table of contents and selected chapter excerpts are available online at [CancerNowWhat.org/contents](http://CancerNowWhat.org/contents).

## About the Author

Kenneth C. Haugk, Ph.D., is the founder and Executive Director of Stephen Ministries in St. Louis, Missouri. He is the author of 16 books, including *Don't Sing Songs to a Heavy Heart: How to Relate to Those Who Are Suffering*, *Journeying through Grief*, and *When and How to Use Mental Health Resources*. Dr. Haugk is a frequent conference and workshop speaker and has published widely in psychological journals and popular periodicals.

## About Stephen Ministries

Stephen Ministries is an international not-for-profit educational organization founded in 1975. It provides the Stephen Series system of lay caregiving to more than 12,000 congregations, hospitals, college campuses, military bases, retirement communities, and other organizations in the U.S., Canada, and 29 other countries. Stephen Ministries also develops resources and conducts events on topics including dealing with cancer, relationship skills, assertiveness, leadership, conflict resolution, grief, and crisis care.

For additional information, call (314) 428-2600 and ask for a member of our media team.

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